

How to take body measurements

Measurements:

1. Bust: Measure all the way around your bust and back on the line of your nipples.
2. Chest: Measure directly under your breasts, as high up as possible.
3. Waist: Measure at its narrowest point width-wise, usually just above the navel.
4. Hips: Measure around the widest part of the hipbones.

